

PoP defines a 'success story' as 50% or more improvement from FMT sustained for at least 6 months. Not all FMT ends with a success story. What works for some does not work for everyone and more research needs to be done to discover why.

***Always discuss your options with a health practitioner. NEVER use an untested donor.***

If you have benefited from FMT and have a success story to share, please consider telling it. Your story will give hope to others. It will also help collate anecdotal evidence to place pressure on the medical and scientific community to do more research so that FMT is available for all people with digestive illness. Simply complete our [Success Story Template](#) or write it in your own words or your blog details.

## **Recovery from Ulcerative Colitis**

[Yasmin's Story](#)

[Josh's Story](#)

[Jennifer's Story](#)

[Tyler's Story](#)

[Geoff's Story](#) (video)

[Jenny's Story](#)

[James's Story](#)

[Jaimi's Story](#)

[Robby's Story](#) (child)

[Mike's Story](#)

[Carlos's Story](#)

[Julie's Story](#)

[Madhura's Story](#)

[Ed's Story](#)

[Kathy's Story](#)

[Michael's Story](#) (e-book & video)

[Matt's Story](#)

Teri's Story

Vivek's Story (e-book)

[UC Success Stories from Bright Medicine Clinic, Portland, Oregon, USA](#)

UC Success Stories from The Centre for Digestive Diseases, Sydney, Australia

## **Recovery from Crohns**

[Genevieve's Story](#)

Jake's Story

Madison's Story

Skye's Story (book)

## **Recovery from C diff**

[Tracy S's story](#)

[Linda's Story](#)

[Louise's Story](#)

Sonya's Story (video)

Angie's Story (video)

[Melissa's Story](#)

Jennifer's Story

Ellen's Story (video)

Sarah's Story (video)

Margaret's Story

C diff Success Stories from the Fecal Transplant Foundation

Study Shows FMT Achieves 93% Success Rate in C Diff Patients

## **Recovery from IBS / Diarrhea**

[Sunshine's Story](#)

[Brandi's Story](#)

[Caitlin's Story](#)

The Freeman's Story

Mikka's Story

## **Recovery from Constipation**

[Danny's Story](#)

## **Recovery from Food Intolerances**

Roger's Story

## **Recovery from Mental Illness**

[Tracy Mac's Story](#)

## **Recovery from Autistic Enterocolitis**

[Sam's Story](#) (child)

## **Recovery from Multiple Sclerosis**

[Carlos's Story](#)

## **Recovery from CFS / ME**

Study Shows FMT Achieves 70% Success Rate in CFS/ME Patients  
to post your story here

## **Recovery from a-whole-lot-of-awful-stuff**

Karen's Story (podcast)