#### Fecal Microbiota Transplantation

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Duodenal Infusion of Donor Feces for Recurrent Clostridium difficile (2013)

Fecal microbiota transplantation for Clostridium difficile infection: systematic review and meta-

analysis (2013) Mayo Clinic Statistics on FMT to Treat C Diff (2013)

Long-term follow-up of colonoscopic fecal microbiota transplant for recurrent Clostridium difficile infection (2012)

Treating C Diff with FMT Workgroup (2011)

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Gut Microbiota Watch

ACG Glossary of Gut Microbiome

AGA Centre for Gut Microbiome Research and Education

UMass Center for Microbiome Research

Gut Microbes Journal

Gut Health and Food Safety – UK

Biome Onboard Awareness: The science behind food, disease, microbiome

Make friends with your Gut Microbiota (2014 – good plain-english overview)

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# Microbiota & Obesity / Liver Health

Metabolism of Cholesterol and Bile Acids by the Gut Microbiota (2014) Gut Microbiota from Twins Discordant for Obesity Modulate Metabolism in Mice (2013) Microbiota and gut-liver axis: their influences on obesity and obesity-related liver disease (2013) Human intestinal microbiota composition is associated with local and systemic inflammation in obesity (2013) Rich or poor in gut bacteria: we are not all equal facing obesity associated diseases (2013) Microbiota and gut-liver axis: their influences on obesity and obesity-related liver disease (2013)

Gut microbiota and the development of obesity (2012)

Potential mechanisms for the emerging link between obesity and increased intestinal permeability (2012)

Obesity, diabetes, and gut microbiota: the hygiene hypothesis expanded? (2010)

Microbiota and SCFA in lean and overweight healthy subjects (2010)

Early differences in fecal microbiota composition in children may predict overweight (2008)

Symbiotic modulation of gut flora: effect on minimal hepatic encephalopathy (2004)

Gut flora-based therapy in liver disease? The liver cares about the gut. (2004)

#### Microbiota & the Brain / Neurotransmitters

Early Research Points to Autism-Microbiome Link (2015)

Microbes help produce serotonin in gut (2015)

Scientists show a link between intestinal bacteria and depression (2015)

A model for the induction of autism in the ecosystem of the human body: the anatomy of a modern pandemic? (2015)

Collective unconscious: How gut microbes shape human behavior (2015)

The gut microbiota influences blood-brain barrier permeability in mice (2014)

Microbiota modulate behavioral and physiological abnormalities associated with neurodevelopmental disorders (2014)

Microbiota-Generated Metabolites Promote Metabolic Benefits via Gut-Brain Neural Circuits (2014) Deciphering benefits of microbial fermentation via the Gut-Brain axis (2014) Gut bacteria's influence on brain development (2014)

The role of gut microbiota in the gut-brain axis: current challenges and perspectives (2013)

In depression, bacterial translocation may drive inflammatory responses (2013)

Gut-brain axis: how the microbiome influences anxiety and depression (2014)

The adoptive transfer of behavioral phenotype via the intestinal microbiota: experimental evidence and clinical implications (2013)

Clues about autism may come from the gut (2013)

Fecal Microbiota and Metabolome of Children with Autism and Pervasive Developmental Disorder Not Otherwise Specified (2013)

On Autism, Gut Microbes, and Contradictory Research Findings (2013)

The adoptive transfer of behavioral phenotype via the intestinal microbiota: experimental evidence and clinical implications (2013)

The microbiota-gut-brain axis: neurobehavioral correlates, health and sociality (2013)

Intestinal microbiota, probiotics and mental health: from Metchnikoff to modern advances: Part I – autointoxication revisited (2013)

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Intestinal microbiota, probiotics and mental health: from Metchnikoff to modern advances: Part 3 – autointoxication revisited (2013)

Microbiota is essential for social development in the mouse (2013)

Ingestion of *Lactobacillus* strain regulates emotional behavior (2011)

# Microbiota & the Immune System

Diversity of the cultivable human gut microbiome involved in gluten metabolism: Isolation of microorganisms with potential interest for coeliac disease. (2014)

Diabetes is predominantly an intestinal disease (2014)

Metabolites produced by commensal bacteria promote peripheral regulatory T-cell generation (2013) Gut microbes closely linked to range of health issues (2013)

The interplay between the gut immune system and microbiota in health and disease: nutraceutical intervention for restoring intestinal homeostasis (2013)

Gut Bacteria Change Threshold of Immune Activation in Arthritis (2013)

Specific Gut Commensal Flora Locally Alters T Cell Tuning to Endogenous Ligands (2013)

Antibody response against gastrointestinal antigens in demyelinating diseases of the central nervous system. (2013)

Alterations in the Gut Microbiota Associated with HIV-1 Infection (2013)

How hormones and microbes drive the gender bias in autoimmune diseases (2013)

Does Parkinson's Begin in the Gut? (2012)

Gut Bacteria May Trigger Diseases such as Rheumatoid Arthritis (2012)

# Microbiota & Sex Hormones

Gut bacteria may be a source of male steroid hormones (2014)

# Microbiota & Blood Type

Association between the ABO blood group and the human intestinal microbiota composition (2012)

#### Microbiota & Genes

Genetic Makeup and Diet Interact With the Microbiome to Impact Health (2013)

#### Microbiota & Cancer

#### Microbiota & Heart Disease

The way to a man's heart is through his gut microbiota' – dietary pro- and prebiotics for the management of cardiovascular risk (2014)

Intestinal microbiota metabolism of L-carnitine, a nutrient in red meat, promotes atherosclerosis (2013) Olfactory receptor responding to gut microbiota-derived signals plays a role in renin secretion and blood pressure regulation (2013)

#### Microbiota & Toxic Metals

Exposing to cadmium stress cause profound toxic effect on microbiota of the mice intestinal tract (2014)

# Microbiota & Age

Altering the community of gut bacteria promotes health and increases lifespan (2014) Ageing and gut microbes: perspectives for health maintenance and longevity (2013) Human gut microbiome viewed across age and geography (2011)

#### Microbiota & Infant / Maternal / Family transfer

The infant gut microbiome: New studies on its origins and how it's knocked out of balance (2015) Maternal prenatal stress is associated with the infant intestinal microbiota (2015)

BCM and Texas Children's Study Finds Unique Placental Microbiome (2014)

The Human Microbiome: considerations for pregnancy, birth and early mothering (2014)

The human microbiome. Early life determinant of health outcomes (2014)

Newborn gut microbiome begins during birth (2014)

Microbes in the neonatal intensive care unit resemble those found in the gut of premature infants (2014)

Mom Knows Best: The Universality of Maternal Microbial Transmission (2013)

Vertical mother-neonate transfer of maternal gut bacteria via breastfeeding (2013)

Infant Gut Microbiota Influenced by Cesarean Section and Breastfeeding Practices; May Impact Long-Term Health (2013)

Cohabiting family members share microbiota with one another and with their dogs (2013)

The Long-Term Stability of the Human Gut Microbiota (2013)

#### FMT in other cultures/eras

Poop Wine – Traditional Korean Remedy Should We Standardize the 1,700-Year-Old Fecal Microbiota Transplantation?

Fecal enema as an adjunct in the treatment of pseudomembranous enterocolitis (1958) Fecal Transplants in the "Good Old Days"

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Gut inflammation in chronic fatigue syndrome (2010) Bacteriotherapy in CFS a retrospective review (1995)

#### Microbiota & Obesity / Liver Health

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Microbes help produce serotonin in gut (2015)

Scientists show a link between intestinal bacteria and depression (2015)

A model for the induction of autism in the ecosystem of the human body: the anatomy of a modern pandemic? (2015)

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Deciphering benefits of microbial fermentation via the Gut-Brain axis (2014)

Gut bacteria's influence on brain development (2014)

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The microbiota-gut-brain axis: neurobehavioral correlates, health and sociality (2013)

Intestinal microbiota, probiotics and mental health: from Metchnikoff to modern advances: Part I – autointoxication revisited (2013)

Intestinal microbiota, probiotics and mental health: from Metchnikoff to modern advances: Part 2 – autointoxication revisited (2013)

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Diversity of the cultivable human gut microbiome involved in gluten metabolism: Isolation of

microorganisms with potential interest for coeliac disease. (2014)

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Metabolites produced by commensal bacteria promote peripheral regulatory T-cell generation (2013) Gut microbes closely linked to range of health issues (2013)

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Alterations in the Gut Microbiota Associated with HIV-1 Infection (2013) How hormones and microbes drive the gender bias in autoimmune diseases (2013) Does Parkinson's Begin in the Gut? (2012) Gut Bacteria May Trigger Diseases such as Rheumatoid Arthritis (2012)

#### Microbiota & Sex Hormones

Gut bacteria may be a source of male steroid hormones (2014)

#### Microbiota & Blood Type

Association between the ABO blood group and the human intestinal microbiota composition (2012)

#### Microbiota & Genes

Genetic Makeup and Diet Interact With the Microbiome to Impact Health (2013)

#### Microbiota & Cancer

#### Microbiota & Heart Disease

The way to a man's heart is through his gut microbiota' – dietary pro- and prebiotics for the management of cardiovascular risk (2014)

Intestinal microbiota metabolism of L-carnitine, a nutrient in red meat, promotes atherosclerosis (2013) Olfactory receptor responding to gut microbiota-derived signals plays a role in renin secretion and blood pressure regulation (2013)

#### Microbiota & Toxic Metals

Exposing to cadmium stress cause profound toxic effect on microbiota of the mice intestinal tract (2014)

# Microbiota & Age

Altering the community of gut bacteria promotes health and increases lifespan (2014) Ageing and gut microbes: perspectives for health maintenance and longevity (2013) Human gut microbiome viewed across age and geography (2011)

#### Microbiota & Infant / Maternal / Family transfer

The infant gut microbiome: New studies on its origins and how it's knocked out of balance (2015) Maternal prenatal stress is associated with the infant intestinal microbiota (2015)

BCM and Texas Children's Study Finds Unique Placental Microbiome (2014)

The Human Microbiome: considerations for pregnancy, birth and early mothering (2014)

The human microbiome. Early life determinant of health outcomes (2014)

Newborn gut microbiome begins during birth (2014)

Microbes in the neonatal intensive care unit resemble those found in the gut of premature infants (2014)

Mom Knows Best: The Universality of Maternal Microbial Transmission (2013)

Vertical mother–neonate transfer of maternal gut bacteria via breastfeeding (2013) Infant Gut Microbiota Influenced by Cesarean Section and Breastfeeding Practices; May Impact Long-Term Health (2013) Cohabiting family members share microbiota with one another and with their dogs (2013)

Conabiting family members share microbiota with one another and with their dogs (2013) The Long-Term Stability of the Human Gut Microbiota (2013)

# FMT in other cultures/eras

Poop Wine – Traditional Korean Remedy Should We Standardize the 1,700-Year-Old Fecal Microbiota Transplantation?

Fecal enema as an adjunct in the treatment of pseudomembranous enterocolitis (1958) Fecal Transplants in the "Good Old Days"

Intestinal microbiota, probiotics and mental health: from Metchnikoff to modern advances

Australia

bio

disrupts colonies of pathogenic microbiota

The Centre for Digestive Diseases, Sydney, NSW

Dr Sanjay Nandurkar, Box Hill, VIC

Moonee Valley Specialist Centre, Moonee Ponds, VIC

Melbourne FMT, Moonee Ponds, VIC

South America

The Newbery Clinic, Buenos Aires, ARGENTINA

(Skype consultations available in English)

United Kingdom

C diff only unless indicated

Taymount Clinic, Hitchin, UNITED KINGDOM (all conditions)

Dr Simon Goldenberg, London, UK

Dr Benjamin Mullish, London, UK

Dr. Alisdair MacConnachie, Glasgow, UK

Dr Jeremy Sanderson, London, UK

Prof Peter Hawkey, Birmingham, UK

Europe

C diff only unless indicated

Dr Gero Moog, Kassel, GERMANY

Prof. Dr. med. Martin Storr, Gauting Starnberg GERMANY

Prof. Dr. Christoph Högenauer, Auenbruggerplatz AUSTRIA

Dr Josbert Keller, Haga Teaching Hospital, The Hague, NETHERLANDS

Prof. Gerhard Rogler, University Hospital, Zurich, SWITZERLAND

Ryhov Hospital Jönköping, SWEDEN

Q Living Klinik, København DENMARK

Dr. Eero Mattila & Dr Martti Frakkila, Helsinki University Central Hospital, FINLAND

Asia

Dr Ajit Sood, Dayanand Medical College & Hospital, Ludhiana, Punjab, 141001, INDIA

USA & CANADA – C DIFF ONLY \*

\* US & Canadian doctors are only permitted to do FMT for patients with C diff that does not respond to multiple courses of antibiotics. They may be willing to test your donor for DIY FMT if you have another condition and advise on the procedure, however they are not obliged to do so. If you do not have C diff doctors are not permitted to do the procedure for you. Please don't ask them to do this as their hands are tied by legislation.

Canada \*

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Thomas Louie, MD, University of Calgary

Dr. David Kreaden, Toronto, Canada

USA \*

Bright Medicine Clinic, Portland, OR (Mark Davis ND)

Microbiomes LLC, Portland, OR (Carmen Campbell ND & Mark Davis ND)

RDS Infusions, Tampa FL (David Shepard MD)

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Roy Ozanne MD, Langley, WA

Tanvi Dhere, MD, Johns Ck, GA

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William M. Chamberlin, MD, Billings MT

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Steven L Werlin, MD, Milwaukee, WI (pediatrician)

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Brian Gill MD, Plymouth, MA

leaky gut repair formula repairs leaky gut (intestinal permeability)

Eugene F Yen MD , Evanston, IL

Arnab Ray MD, New Orleans, LA

Steve Freeman, MD, University of Colorado

F. Lyone Hochman, MD, Houston, TX

Melvin K Lau MD and Dr Vu Nhu Nguyen MD, Round Rock, TX

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Shelley Gordon MD, California Pacific Medical

Michael J. Docktor, Boston MD (IBD Pediatrician)

David A Johnson MD, Norfolk, VA

Tim Rubin MD, Minnesota

liverdetox

supports your liver to deal with gut toxins and die-off

Los Angeles Colon and Rectal Surgical Associates

Colleen Kelly MD. Rhode Island

Sudhir K. Dutta MD, Baltimore

Alexander Khoruts MD, Minneapolis

Paul F Schleinitz MD, Oregon

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Mark Mellow MD, Oklahoma City

Joseph Brasco MD, Huntsville, AL

Susan Edwards DHMC LebanonNH (pediatrics)

Douglas Wolf St.Joseph, Atlanta

Mayo Clinic in Phoenix AZ

Mayo Clinic Minnesota

Gordon France, Spartanburg Regional, SC

Sovi Joseph, Port Charlotte, FL

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Maribeth Nicholson, MD Nashville, TN (pediatrics)

Drexel Medicine, Philadelphia, PA & other locations

Please note that PoP is NOT a donor bank linked to a hospital or clinic. We are a donor registry. We simply link potential donors and recipients via exchange of email addresses. We do NOT test donors or give medical advice. By listing a donor on this site we are NOT endorsing them, we are simply providing a list of volunteers who may or may not be suitable for fecal microbiota transplant.

It is up to the donor and recipient to agree on <u>testing</u>, logistics, remuneration, legal liability and medical supervision. <u>There is no obligation on either party to proceed</u>. As a guide, the amount per donation tends to be around \$50-\$200 depending if the donor has *successfully donated before* and this is a much better alternative to <u>guaranteed instant loans here</u> which are more risky.

Before seeking a donor, or volunteering as a donor, please read the article It's tough to find a good fecal donor to familiarise yourself with the issues.

# **Liability Agreement**

It is recommended that Donors and Recipient enter a liability agreement so that each understands the expectations of the other.

Below are two examples of liability agreements people have used. Note that the primary purpose of these agreements is to promote understanding, not to be enforced in a court of law. This is a difficult area legally and these agreements would be unlikely to be enforceable if tested. So the best approach is to discuss and document all the issues so that you are both on the same page and disputes do not occur.

Donor agreement 1 Donor agreement 2

# Important Information for DONOR (the person donating)

To be an eligible donor you must be at least 18 years old, in excellent health and on a healthy diet. Your stool (poop) should look like a 2, 3 or 4 on the Bristol stool chart and you should satisfy the requirements of this <u>Donor Screening Questionnaire</u>. Please don't proceed if you don't satisfy these requirements as your time will be wasted.

You cannot be on medication, ever have used antibiotics regularly or in the last 6 months, have travelled overseas to a high-risk country in the last 6 months or practise unsafe sex. Personal medical questions, blood and fecal <u>testing</u> will be required. For specific screening criteria, see the <u>Donor Screening</u> <u>Questionnaire</u>.

The Recipient will be responsible for all costs and may have other screening criteria, such a diet.

Financial remuneration should only be a secondary reason for registering as a donor. The payments are nominal and may not compensate you fully for the time involved in <u>testing</u> and communicating with the Recipient. Indeed if you don't pass the tests, you won't be able to donate at all. So your primary motivation should be to help people, learn more about the human body and have an interesting experience.

If you meet the requirements above, have successfully donated microbiota previously, or would like to donate for the first time to help a sick person, please and we will register your details. Read the stories of others who have donated

# Important Information for Recipients (the person receiving the donation)

You will need to screen your donor, pay for blood and fecal <u>testing</u> and travel to be close to them for the period of donation. Please do NOT contact a donor if you are not prepared to do this, as it wastes their time.

Donors listed on this site will NOT provide an un-tested donation. This is risky for both you and them. We do not recommend frozen FMT for first-time donation as freezing FMT in a home refrigerator is not as effective as freezing in a laboratory. While home-frozen FMT still works for some (albeit with less of a 'hit') to then impose a further deterioration in quality by shipping is not recommended until you are sure FMT works for you. Only once you are sure that fresh works, should you try frozen. At least you will have something to compare it to. Please note that PoP is a volunteer run site. We don't make any money out of your choice of donor and therefore do not take any responsibility and will not accept any liability if you are not happy with the outcome.

By listing a donor here, we are not recommending them. Please understand that all are volunteers, they have not been tested and they may not even be suitable. Consider this registry like an online dating site. It's up to you to do your own checks, so if you're not comfortable with a donor please don't go ahead. If you experience any inappropriate conduct from a person listed as a donor, please let us know and they will be removed from this list.

If you would like to make contact with a donor listed in the registry, please with: the number of the donor, a BRIEF summary of why you need FMT and what difference this could make to your life. We will then forward your email to them. Maximum 3 donors.

If you have any questions generally, please read the <u>FAQs</u> and if your question is not answered there, or join the <u>facebook group</u> to discuss with others in your situation.

# **Registered Donors**

We currently have donors listed in two countries, however we need them in every country around the world. If you know someone healthy, willing and able to donate, please refer them to the <u>donor eligibility requirements</u>. USA